PARENTAL CONSENT & WAIVER

INFORMED CONSENT WAIVER

This agreement must be completed by the parent or legal guardian of all participants under the age of 18, who desires to use the facilities of the club at Quincy Swim & Gym including, but not limited to the swimming pool, classes or programs or equipment of the club and such use may only occur if authorized by a parent or legal guardian. This form must be completed and no exceptions will be made.

FULL NAME OF PARENT OR GUA	RDIAN:		_		
NAME OF MINOR CHILD:			_		
STREET ADDRESS:	EET ADDRESS:				
CITY:	STATE:	ZIP CODE:	_		
HOME TELEPHONE:		OTHER PHONE:	_		
	RULES				
I UNDERSTAND THAT ANY FAILURE (REGULATIONS MAY RESULT IN THE INITIALS			1D		
	POSTED THROUGHOUT THE CLU	CHILD AWARE OF THE RULES AND REGULATIONS OF T UB AND/OR CONTAINED IN THIS PARENTAL CONSENT	ΉE		
		OF MY MINOR CHILD AND ASSUME ALL RISKS OF ILLNE: PROPERTY INCLUDING THEFT OF SUCH PROPERTY.	SS,		
	DIOM DELEACE INDEMNIEIOA	TION A OPERACUT AND COVENANT NOT TO CUE			

ACKNOWLEDGEMENT OF RISK, RELEASE, INDEMNIFICATION AGREEMENT AND COVENANT NOT TO SUE NOTICE: This is a legally binding document. If not understood, legal advice should be sought.

AGREEMENT OF RELEASE

The undersigned user's parent or legal guardian hereby acknowledges and agrees the use of the facility owned and operated by JJ McCreary LLC, doing business as Quincy Swim & Gym (hereafter "the Gym") including without limitations to its facility including but not limited to the swimming pool, classes or programs, or equipment of the club has inherent risks user's parent or legal guardian fully recognizes and appreciates the possible danger with participating in using the club and its equipment, classes, programs or pool. User's parent or legal guardian further represents and warrants to "the Gym" that User's parent or legal guardian has full knowledge of the nature and extent of all risks associated with using the club for fitness related activities. User's parent or legal guardian also warrants they have consulted their health care professional before engaging in any form of exercise to determine whether it is safe for the User. User's parent or legal guardian also warrants User will cease any and all activities they engage at the facility if they begin to experience, but not limited to shortness of breath, dizziness, pains or lightness in the chest, arms or legs.

INITIALS

TURN OVER AND COMPLETE OTHER SIDE

SIGNATURE:	DATE:
This Waiver and Release is a Pennsylvania contract and the User's parent or legal guardication relating to this Waiver and Release as being in Philadelphia County, PA regardless of domicile. INITIALS	
User's parent or legal guardian understands that "the Gym" is permitting User to use the Freliance upon the binding effect of this Waiver and Release and upon User's parent or leg contained in this Waiver and Release. INITIALS	
User's parent or legal guardian represents and warrants to "the Gym" that they the parent older) and otherwise legally competent to sign this Waiver and Release. User's parent or Waiver and Release are legally binding and User's parent or legal guardian certifies that t and Release of their free will, having carefully read and understood the terms. INITIALS	legal guardian understand that the terms of this
User's parent or legal guardian hereby represents and warrants to "the Gym" that User's parent or legal guardian hereby represents and warrants to "the Gym" that User's parent or legal guardian understands the User's parent or legal guardian understands the User's parent or legal guardian including death, User sustains while using the Facilities, equipment, pool, classes or progor legal guardian is relieving "the Gym" and its Employees and Independent Instructors from death. INITIALS	classes or programs and is voluntarily assuming al an will be solely responsible for any loss or damag rams and by the Waiver and Release User's parer
In consideration of user being permitted to use the facilities, equipment, pool, classes or pagrees to INDEMNIFY AND HOLD HARMLESS "the Gym", its Employees, and Independent reasonable attorney's fees incurred by "the Gym", its Employees and Independent Instructional premiums incurred by "the Gym" as a result of any claim made of loss suffered by User), whatever arising out of or in any way relating to User's use of the Facility, equipment, pool followed club rules, safety policies or received training from "the Gym", its Employees or Inditials.	ent Instructors (including without limitation the stors and any increase in liability insurance such indemnity to be of and from any nature of, classes or programs regardless of whether User
In consideration of User being permitted to use the Facilities of "the Gym", User's parent of the Facilities shall be undertaken at User's sole risk and that "the Gym" and it's Employee any claims, demands, injuries, damages, actions or cause of actions whatsoever to User, and assigns or User's property arising out of or connected with the use of the facilities, equipments where same are located and User's parent or legal guardian hereby expressly for Employees and Independent Contractors from all such claims, demands, injuries, damage active or passive negligence on the part of "the Gym", its Employees or Independent Continuitals.	es or Independent Instructors shall not be liable for User's heirs, next of kin, personal representatives puipment, pool, classes or programs, or the orever release and discharge "the Gym" and the es, actions or causes of actions and from all acts of